



Faculty of Physical Education Sana'a University



Brief Overview :

- **Program Name and Degree:**
Bachelor's in Physical Education
- **Year of Program inception :**
1996 - 1997: As a Higher Institute of Physical Education and Sports affiliated with the Ministry of Youth and Sports.
- **Study System:**
Regular
- Study System: Semester-based
- Total Program Duration: Four years
- **Professions the Program Prepares Students For:**
 1. Sports training and games.
 2. Teaching and sports management.
 3. Health and movement sciences.
- **Admission Requirements:**
General secondary education certificate (scientific or literary track).

Mission :

The college aims to prepare qualified sports professionals capable of providing distinguished sports and educational services that meet labor market requirements. It also seeks to contribute to scientific research and establish multiple partnerships to serve the community and raise sports awareness.

Aims :

1. Prepare and qualify teachers to teach physical education at various educational levels, with a strong grasp of physical, educational, and social aspects.
2. Provide the community with qualified professionals in sports training, management, and sports health.
3. Develop educational programs and scientific research for undergraduate and postgraduate levels to align with labor market needs.
4. Contribute to spreading sports culture and making sports a key tool for bringing the Yemeni people together.
5. Participate in scientific conferences and seminars and develop partnerships and cooperation with relevant local and regional entities to exchange expertise.
6. Prepare and publish specialized scientific research and provide scientific consultations and training programs for organizations working in various sports fields.
7. Establish a comprehensive infrastructure

that serves the college's objectives and meets labor market demands.

Outcomes of Program Learning :

Upon graduation, students will be able to:

A- Knowledge and Understanding:

1. Demonstrate knowledge and understanding of the foundations, theories, rules, and basic concepts related to sports sciences.
2. State the ethical principles of professional practices in sports sciences.
3. Explain the legal aspects of professional practices in physical education sciences.
4. Describe the principles and basics of quality in professional practices in physical education sciences.
5. State the foundations of scientific research and methods of measurement and evaluation in physical education sciences.

B- Cognitive Skills:

1. Practice critical thinking and analysis of the principles and theories of physical education sciences.
2. Integrate and connect the branches of physical education activities with other sciences.
3. Identify the professional job requirements demanded by the labor market in physical education.
4. Choose evaluation methods suitable for different educational stages and training periods in the sports field.
5. Conduct research and select appropriate methods for data collection to solve problems and issues related to sports

C. Professional and Practical Skills:

1. Measure and evaluate sports performance in various sports institutions.
2. Provide the requirements for sports activity programs and plans to meet the needs of beneficiaries.
3. Effectively use laboratories, tools, and sports equipment while adhering to safety and security factors.
4. Take responsibility and maintain a positive attitude toward self-development, professional growth, and academic achievement.

D- General and Transferable Skills:

1. Practice self-learning and scientific research in physical education sciences.
2. Communicate effectively using various means to enhance teamwork and processes related to the sports field.
3. Manage self-control and emotional regulation.

4. Use information technology and search engines to access up-to-date information in the field of specialization.
5. Actively participate in local and regional professional gatherings related to physical education.

Graduation Attributes :

Graduates should be able to:

1. Understand the educational, psychological, social, and health roles of physical education and its importance in building society.
2. Apply basic knowledge and sciences related to the sports field.
3. Perform sports activity skills and apply health and safety requirements in sports environments.
4. Generalize and implement various sports programs and activities.
5. Use educational technology and modern techniques to support and improve sports environments and master the necessary language skills to deal with future challenges in the sports field.
6. Follow the scientific method to solve problems, keep up with new developments in the sports field, and engage in continuous learning.
7. Apply professional ethics and understand the practical aspects of citizenship.
8. Master scientific research skills and their applications.
9. Practice creative and innovative thinking and self-development.

Documents Required for Final Admission:

- Original general secondary certificate + two certified copies + two regular copies.
Note: (New secondary graduates may be admitted without the original certificate until it is issued).
- A clear copy of the ID card, with the original brought for verification.
- 6 recent personal photos with a white background (4×6).
- An electronic personal photo.
- Payment receipts for the prescribed fees.
- The student is considered registered at the college after submitting all required documents according to admission conditions and regulations.
- Payment of the prescribed fees grants the student a college registration number and a university card, which is renewed annually after paying the fees.
- The student's file is kept in the college

archive, containing all admission documents and any additional documents related to the student's academic and financial status during their study period.

Admission Percentage:

50% regular system, which converts to parallel system if the coordination period ends

The college follows the system applied in most colleges of Sana'a University, requiring regular attendance for four years to obtain a bachelor's degree under the semester system (two semesters per year). There are female academic staff with PhDs and master's degrees to teach female students, and there are dedicated halls and facilities for female students.

Tuition Fees:

- Regular system: 4050 riyals for annual activity fees + first-year registration fees (approximately 5000 riyals).
- Parallel system: 40,000 riyals + activity fees.

Jobs Opportunities after Graduation:

After completing the program, graduates have multiple job opportunities including:

- Physical education teacher in public and private schools.
- Administrator at the Ministry of Youth and Sports or its branches in governorates and districts, as well as sports federations and institutions.
- Working with health and sports clubs and national teams.
- Working in health centers and hospitals as a sports rehabilitation specialist.
- Pursuing postgraduate studies (Master's - PhD) in physical education.

Study System :

- **Study system: Semester-based.**

- Study mode: Regular attendance. Students are not allowed to take final exams if they exceed 25% absence in any course.
- Program location: College of Physical Education building.
- Total credit hours required to complete the program: 128 hours.
- Distribution of credit hours:
 - General cultural courses (university requirements): 16 hours (12.5%).

- Specialized program courses: 112 hours (87.5%).

Study Plan:

Level 1 - First Semester

Credit Hours	Credit Hours	
	Theory	Theory
English Language (101)	-	2
Arabic Language (101)	-	2
Islamic Culture	-	2
National Culture	-	2
Physical Fitness	2	-
Volleyball (1)	2	-
Football (1)	2	-
Physical Exercises	2	-
Gymnastics (1)	2	-
Athletics (1)	2	-
Sports Health	-	2
Total Credit Hours: 22	12	10

Level 1 - Second Semester

Credit Hours	Credit Hours	
	Theory	Theory
English Language (102)	-	2
Arabic Language (102)	-	2
Arab-Israeli Conflict	-	2
Computer Basics	-	2
Athletics (2)	2	-
Handball (1)	2	-
Basketball (1)	2	-
Gymnastics (2)	2	-
Small Games	2	-
Functional Anatomy in Sports	-	2
Total Credit Hours: 20	10	10

Level 2 - First Semester

Credit Hours	Credit Hours	
	Theory	Theory
Football (2)	2	-
Athletics (3)	2	-
Volleyball (2)	2	-
Wrestling (1) (Males) / Rhythmic Exercises (Females)	2	-
History of Physical Education and Olympic Movement	-	2
Teaching Methods in Physical Education	-	2
Sports Biology	-	2
Total Credit Hours: 14	8	6

Level 2 - Second Semester

Credit Hours	Credit Hours	
	Theory	Theory
Athletics (4)	2	-
Handball (2)	2	-
Basketball (2)	2	-
Wrestling (2) (Males) / Sports Shows and Festivals (Females)	2	-
Racket Games	2	-
Educational Technology in Physical Education	-	2
Sports Psychology	-	2
Total Credit Hours 14	10	4

Level 3 - First Semester

Credit Hours	Credit Hours	
	Theory	Theory
Elective	2	-
Motor Learning	-	2
Measurement and Evaluation in Physical Education	-	2
Sports Sociology	-	2
Scientific Research in Physical Education	-	2
Statistics in Physical Education	-	2
Practical Education (1) (Internal)	2	-
Total Credit Hours: 14	4	10

Level 3 - Second Semester

Credit Hours	Credit Hours	
	Theory	Theory
Elective (2)	2	-
Swimming (1)	2	-
Motor Performance Science	-	2
Sports Recreation	-	2
Sports Injuries	-	2
Sports Training Science	-	2
Physical Education Curricula	-	2
Total Credit Hours: 14	4	10

Level 4 - First Semester

Credit Hours	Credit Hours	
	Theory	Theory
Elective (3)	2	-
Organization and Management in Physical Education	-	2
Camps and Scouting	-	2
Sports Massage	-	2
Basics of Physical Therapy	-	2
Posture and Therapeutic Exercises	-	2
Special Physical Education	-	2
Total Credit Hours 14	2	12

Level 4 - Second Semester

Credit Hours	Credit Hours	
	Theory	Theory
Elective (4)	2	-
Swimming (2)	2	-
Sports Physiology	-	2
Sports Legislation and Laws	-	2
Psychology of Training and Competitions	-	2
Graduation Project	-	2
Practical Education (2) (External)	4	-
Total Credit Hours: 16	8	8

Elective Courses

Credit Hours	Credit Hours	
	Theory	Theory
Leadership in Sports	-	2
Human Resources and Sports Facilities Management	-	2
Public Relations and Sports Marketing	-	2
Professional Preparation for Physical Education Teachers	-	2
Team Game Specialization	2	-
Individual Game Specialization	2	-
Combat Game Specialization	2	-
Nutrition for Athletes	-	2
Contemporary Issues in Physical Education	-	2
Physical Preparation	2	-

College Location :

North-eastern corner of the Sports City, near the Ministry of Youth and Sports, opposite Dar Al-Salam International University, Al-Thawra District, Sana'a.

For Further Inquiries :

Contact the following numbers:
 - 773417424: Vice Dean for Student Affairs.
 - 777664124: College Registrar.

Or visit the college building during official working hours.

Or visit the college's permanent website:
[\[https://su.edu.ye/fpe\]](https://su.edu.ye/fpe)(<https://su.edu.ye/fpe>) ;
<https://www.youtube.com/@user-sy2qy9eh7v> ;
[/https://su.edu.ye/fpe](https://su.edu.ye/fpe)
<https://www.youtube.com/@user-sy2qy9eh7v>

Brief Overview of Postgraduate Studies at the College :

1- MA program in Physical Education :

Postgraduate studies began with the Master's program, with the first batch enrolled

in [2015/2016](#). The program has seen significant demand from male and female students, and many graduates have earned their Master's degrees in various specializations within physical education.

2. PhD Program in Philosophy of Physical Education Sciences:

Following the success of the Master's program, the PhD program was launched in [2020/2021](#) as the first PhD program in physical education in Yemen. The program has enrolled 40 male and female students holding Master's degrees from Sana'a University and other Yemeni universities. The program has achieved remarkable success, with several students earning their PhDs in various physical education specializations.

3. Diploma Programs (General Diploma and Level Improvement Diploma):

The Level Improvement Diploma program was opened in [2020/2021](#) to accommodate graduates of the Bachelor's program in physical education with acceptable grades. Students study 8 courses over one academic year to qualify for the Master's program. The General Diploma program was also opened in [2020/2021](#) to admit students from outside the physical education field. They study 10 specialized courses over one academic year to qualify for the Master's program.

The college is currently working to open a diploma in sports injury rehabilitation.