

قائمة الاسئلة

مقدمة في العلاج الطبيعي - المستوى الأول - قسم علاج طبيعي - كلية الطب والعلوم الصحية - برامج العلوم الطبية التطبيقية - الفترة الثانية - در د/ خالد يحيي عبدالله السياني

- 1) Which is a question for past history?
 - 1) Do you have any children
 - 2) Who do you live with
 - 3) + .Have you ever had major surgery
 - 4) Do you work
- 2) All these are objective assessment except
 - 1) + Family histroy
 - 2) Observations
 - 3) Examination
 - 4) Palpation
- 3) The normal respiratory rate range in newborn is
 - 1) 10---30
 - 2) 20---40
 - 3) + 30---50
 - 4) 50---70
- 4) All these are Observations assessment except
 - 1) + Muscle strength
 - 2) Skin color
 - 3) POSTURE
 - 4) GAIT
- 5) The normal heart rate range in adult is
 - 1) 30---70
 - 2) + 60---100
 - 3) 100---120
 - 4) 120---150
- 6) Which is the best Diagnostic Imaging for soft tissue
 - 1) X-ray
 - 2) + MRI
 - 3) CT- scan
 - 4) Discography
- 7) All these are Fundamental Positions except
 - 1) + Prone Lying
 - 2) Standing
 - 3) sitting
 - 4) Kneeling
- 8) is defined as movement using body weight or external resistance
 - 1) Passive ROM
 - 2) + Active Resistance ROM
 - 3) Active ROM
 - 4) Active-assistive ROM
- 9) All these are Role of Exercise in Injury Rehabilitation except
 - 1) + Increase swelling
 - 2) Improve quality of repair
 - 3) Maintain fitness
 - 4) Improve quality of life

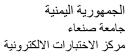


- 10) Which is Physiological Effects of Heat
 - 1) Decrease collagen extensibility
 - 2) Increase Pain
 - 3) Increase Muscle spasm
 - 4) + Assistance healing process
- 11) Generation of heat from another object (sound, electricity or chemical agents)
 - 1) Radiation
 - 2) + Conversion
 - 3) Convection
 - 4) Conduction
- 12) All these are Physiological Effects of Cold except
 - 1) + Increase muscle spasm
 - 2) Vasoconstriction
 - 3) Decreased metabolic rate
 - 4) Decreases free nerve ending and peripheral nerve excitability
- 13) All these are Indications for Shockwave Therapy except
 - 1) Patellar tendinopathy
 - 2) .Adhesive capsulitis
 - 3) + Cancer
 - 4) Osteoarthritis of the knee
- 14) It is used in the treatment of spinal deformities
 - 1) Sitting position
 - 2) Kneeling position
 - 3) Standing position
 - 4) + Lying position
- 15) All these Electromagnetic except
 - 1) Thermotherapy
 - 2) Electrical stimulating currents
 - 3) + Ultrasound
 - 4) lasers
- 16) It is Combination of massage and water immersion
 - 1) + Whirlpool Bath
 - 2) Paraffin Bath
 - 3) Shortwave
 - 4) Laser
- 17) All these sport physiotherapy aims except
 - 1) Restore flexibility
 - 2) Regain full function
 - 3) + Increase swelling
 - 4) Prevent reoccurrence
- 18) We Use the Scanning Examination in these situations except
 - 1) There are radicular signs
 - 2) There is altered sensation in the limb
 - 3) There are spinal cord ("long track") signs
 - 4) + There is history of trauma
- 19) The base of support is very small and centre of gravity is high
 - 1) Kneeling position
 - 2) + Standing position
 - 3) Sitting position



- 4) Lying position
- 20) It can be used for non-weight bearing exercises for knees and feet
 - 1) Kneeling position
 - 2) Standing position
 - 3) + Sitting position
 - 4) Lying position
- 21) Diabetes Mellitus is decreased blood sugar due to reduction of insulin production or sensitivity
 - 1) TRUE.
 - 2) + FALSE.
- 22) Health can be defined as a just absence of disease or infirmity
 - 1) TRUE.
 - 2) + FALSE.
- 23) The perfect balance is achieved from Standing position
 - 1) + TRUE.
 - 2) FALSE.
- 24) Geriatrics is the branch of internal medicine that focuses on health care of the elderly
 - 1) + TRUE.
 - 2) FALSE.
- 25) Indirect Injury occurs at the site of the force
 - 1) TRUE.
 - 2) + FALSE.
- 26) Hard tissue include Fatty tissue
 - 1) TRUE.
 - 2) + FALSE.
- 27) Orthopedic physical therapy includes treatment of the musculoskeletal system
 - 1) + TRUE.
 - 2) FALSE.
- 28) Purpose of assessment to understand the patient's problem from the patient's and clinician's perspectives
 - 1) + TRUE.
 - 2) FALSE.
- 29) We can uses of plain film radiography in soft tissue tumors
 - 1) TRUE.
 - 2) + FALSE.
- 30) We use the scanning examination if there is history of trauma
 - 1) TRUE.
 - 2) + FALSE.
- 31) Indication of Electrical Stimulating Currents is muscle re-education
 - 1) + TRUE.
 - 2) FALSE.
- 32) ultrasound utilises low frequency sound waves
 - 1) TRUE.
 - 2) + FALSE.
- 33) Cryotherapy Used in first aid treatment of trauma to the musculoskeletal system
 - 1) + TRUE.
 - 2) FALSE.
- Radiation is transfer of heat through movement of fluids or gases
 - 1) TRUE.
 - 2) + FALSE.
- 35) The objective assessment is the method by which you discover the clinical signs of the pathology rather than

4 / 3 الصفحة





just the symptoms

- 1) + TRUE. 2) FALSE.