



قائمة الاسئلة

مقدمة في العلاج الطبيعي - المستوى الأول - قسم علاج طبيعي - كلية الطب والعلوم الصحية - برامج العلوم الطبية التطبيقية - الفترة الثانية - درجة الا

د/ خالد يحيى عبدالله السنياني

- 1) Which is a question for past history ?
 - 1) - Do you have any children
 - 2) - Who do you live with
 - 3) + .Have you ever had major surgery
 - 4) - Do you work
- 2) All these are objective assessment except
 - 1) + Family history
 - 2) - Observations
 - 3) - Examination
 - 4) - Palpation
- 3) The normal respiratory rate range in newborn is
 - 1) - 10---30
 - 2) - 20---40
 - 3) + 30---50
 - 4) - 50---70
- 4) All these are Observations assessment except
 - 1) + Muscle strength
 - 2) - Skin color
 - 3) - POSTURE
 - 4) - GAIT
- 5) The normal heart rate range in adult is
 - 1) - 30---70
 - 2) + 60---100
 - 3) - 100---120
 - 4) - 120---150
- 6) Which is the best Diagnostic Imaging for soft tissue
 - 1) - X-ray
 - 2) + MRI
 - 3) - CT- scan
 - 4) - Discography
- 7) All these are Fundamental Positions except
 - 1) + Prone Lying
 - 2) - Standing
 - 3) - sitting
 - 4) - Kneeling
- 8) is defined as movement using body weight or external resistance
 - 1) - Passive ROM
 - 2) + Active Resistance ROM
 - 3) - Active ROM
 - 4) - Active-assistive ROM
- 9) All these are Role of Exercise in Injury Rehabilitation except
 - 1) + Increase swelling
 - 2) - Improve quality of repair
 - 3) - Maintain fitness
 - 4) - Improve quality of life





- 10) Which is Physiological Effects of Heat
- 1) - Decrease collagen extensibility
 - 2) - Increase Pain
 - 3) - Increase Muscle spasm
 - 4) Assistance healing process
- 11) Generation of heat from another object (sound, electricity or chemical agents)
- 1) - Radiation
 - 2) Conversion
 - 3) - Convection
 - 4) - Conduction
- 12) All these are Physiological Effects of Cold except
- 1) Increase muscle spasm
 - 2) - Vasoconstriction
 - 3) - Decreased metabolic rate
 - 4) - Decreases free nerve ending and peripheral nerve excitability
- 13) All these are Indications for Shockwave Therapy except
- 1) - Patellar tendinopathy
 - 2) - .Adhesive capsulitis
 - 3) Cancer
 - 4) - Osteoarthritis of the knee
- 14) It is used in the treatment of spinal deformities
- 1) - Sitting position
 - 2) - Kneeling position
 - 3) - Standing position
 - 4) Lying position
- 15) All these Electromagnetic except
- 1) - Thermotherapy
 - 2) - Electrical stimulating currents
 - 3) Ultrasound
 - 4) - lasers
- 16) It is Combination of massage and water immersion
- 1) Whirlpool Bath
 - 2) - Paraffin Bath
 - 3) - Shortwave
 - 4) - Laser
- 17) All these sport physiotherapy aims except
- 1) - Restore flexibility
 - 2) - Regain full function
 - 3) Increase swelling
 - 4) - Prevent reoccurrence
- 18) We Use the Scanning Examination in these situations except
- 1) - There are radicular signs
 - 2) - There is altered sensation in the limb
 - 3) - There are spinal cord ("long track") signs
 - 4) There is history of trauma
- 19) The base of support is very small and centre of gravity is high
- 1) - Kneeling position
 - 2) Standing position
 - 3) - Sitting position





- 4) - Lying position
- 20) It can be used for non-weight bearing exercises for knees and feet
- 1) - Kneeling position
- 2) - Standing position
- 3) + Sitting position
- 4) - Lying position
- 21) Diabetes Mellitus is decreased blood sugar due to reduction of insulin production or sensitivity
- 1) - TRUE.
- 2) + FALSE.
- 22) Health can be defined as a just absence of disease or infirmity
- 1) - TRUE.
- 2) + FALSE.
- 23) The perfect balance is achieved from Standing position
- 1) + TRUE.
- 2) - FALSE.
- 24) Geriatrics is the branch of internal medicine that focuses on health care of the elderly
- 1) + TRUE.
- 2) - FALSE.
- 25) Indirect Injury occurs at the site of the force
- 1) - TRUE.
- 2) + FALSE.
- 26) Hard tissue include Fatty tissue
- 1) - TRUE.
- 2) + FALSE.
- 27) Orthopedic physical therapy includes treatment of the musculoskeletal system
- 1) + TRUE.
- 2) - FALSE.
- 28) Purpose of assessment to understand the patient's problem from the patient's and clinician's perspectives
- 1) + TRUE.
- 2) - FALSE.
- 29) We can uses of plain film radiography in soft tissue tumors
- 1) - TRUE.
- 2) + FALSE.
- 30) We use the scanning examination if there is history of trauma
- 1) - TRUE.
- 2) + FALSE.
- 31) Indication of Electrical Stimulating Currents is muscle re-education
- 1) + TRUE.
- 2) - FALSE.
- 32) ultrasound utilises low frequency sound waves
- 1) - TRUE.
- 2) + FALSE.
- 33) Cryotherapy Used in first aid treatment of trauma to the musculoskeletal system
- 1) + TRUE.
- 2) - FALSE.
- 34) Radiation is transfer of heat through movement of fluids or gases
- 1) - TRUE.
- 2) + FALSE.
- 35) The objective assessment is the method by which you discover the clinical signs of the pathology rather than





just the symptoms

- 1) + TRUE.
- 2) - FALSE.

