

قائمة الاسئلة العلاج الطبيعي لأمراض الجهاز العضلي والهيكلي 1 - ()- المستوى الرابع -قسم العلاج الطبيعي - - كلية الطب والعلوم الصحية - الفترة الأولى- د د/ خالد بحيل السياني

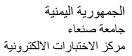
- 1) In fractures of the patella Conservative management are used when the extensor mechanism is still intact
 - 1) + TRUE.
 - 2) FALSE.
- 2) in children: usually green-stick. treatment open reduction
 - 1) TRUE.
 - 2) + FALSE.
- 3) Tennis Elbow medically known as lateral epicondylitis
 - 1) + TRUE.
 - 2) FALSE.
- 4) Cozen test The patient is asked to make a fist and extend their wrist while the examiner applies resistance
 - 1) + TRUE.
 - 2) FALSE.
- 5) In Tennis Elbow do not use shock waves to stimulate healing in the affected tendon and muscle
 - 1) TRUE.
 - 2) + FALSE.
- 6) Clinical features in golf elbow is Pain at lateral epicondyle
 - 1) TRUE.
 - 2) + FALSE.
- 7) Anterior Instability of the shoulder is most common
 - 1) + TRUE.
 - 2) FALSE.
- 8) Frozen Shoulder more common in females
 - 1) TRUE.
 - 2) + FALSE.
- 9) Frozen shoulder, also called adhesive capsulitis
 - 1) + TRUE.
 - 2) FALSE.
- 10) In stage 1 of Frozen shoulder no pain
 - 1) TRUE.
 - 2) + FALSE.
- 11) The Subacromial Space measures between 2 and 17 millimeters depending on the arm position
 - 1) + TRUE.
 - 2) FALSE.
- 12) Use RICE therapy in the chronic phase to reduce pain and swelling
 - 1) TRUE.
 - 2) + FALSE.
- 13) In shoulder osteoarthritis Lifestyle and occupational modifications should be discussed
 - 1) + TRUE.
 - 2) FALSE.
- 14) Fixation Lower surgical risk than replacement of joint
 - 1) TRUE.
 - 2) + FALSE.
- 15) In children over 10 % of fractures involve the physis
 - 1) + TRUE.
 - 2) FALSE.

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- 16) The Neer test is used to assess for shoulder impingement by reproducing pain during forward flexion of the arm while the shoulder is internally rotated.
 - 1) + TRUE.
 - 2) FALSE.
- 17) The Hawkins-Kennedy test involves elevating the arm to 90 degrees of flexion and internally rotating the shoulder to test for rotator cuff tendinitis or impingement.
 - 1) + TRUE.
 - 2) FALSE.
- The Valgus stress test of the elbow assesses the integrity of the ulnar collateral ligament (UCL) by applying a lateral force to the elbow joint.
 - 1) TRUE.
 - 2) + FALSE.
- 19) The Mills test is used to diagnose medial epicondylitis (golfer's elbow) by palpating the medial epicondyle while the patient actively extends their wrist.
 - 1) TRUE.
 - 2) + FALSE.
- 20) The O'Brien test is performed to evaluate for acromioclavicular joint dysfunction, particularly labral tears in the shoulder.
 - 1) + TRUE.
 - 2) FALSE.
- 21) All these Risk factors for Ankle fracture except
 - 1) + hypertension
 - 2) smoking
 - 3) diabetes
 - 4) obesity
- 22) All these clinical Presentation for Ankle fracture except
 - 1) Pain
 - 2) Swelling
 - 3) Difficulties or inability to walk
 - 4) + Same in appearance
- 23) In Ankle fracture patients are typically advised not to put any weight on the ankle for about
 - 1) a.3 weeks
 - 2) + b.6 weeks
 - 3) c.9 weeks
 - 4) d.12 weeks
- 24) All are Rotator Cuff Muscles except
 - 1) Supraspinatus
 - 2) Infraspinatus
 - 3) + Teres major
 - 4) Supscapularis
- 25) Risk factors of tennis elbow except
 - 1) + hypertension
 - 2) Manual labour
 - 3) Repetitive movements
 - 4) Obesity
- 26) The most common shoulder dislocations
 - 1) + Anterior
 - 2) Posterior
 - 3) Superior

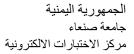
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- 4) Inferior
- 27) In fracture of patella treatment doing long leg cast for Weeks:
 - 1) A.2-3
 - 2) B.3-5
 - 3) + C.4-6
 - 4) D. 5-7
- 28) Mills test is test for:
 - 1) Golfers elbow
 - 2) Pulled Elbow
 - 3) + Tennis elbow
 - 4) Olecranon Bursitis
- 29) Indications for total hip arthroplasty except
 - 1) + mild osteoarthritis
 - 2) rheumatoid arthritis
 - 3) avascular necrosis
 - 4) traumatic arthritis
- 30) Postoperative total hip arthroplasty Patients are cautioned not to exceed ----- of flexion
 - 1) 60°
 - 2) 70°
 - 3) 80°
 - 4) $+ 90^{\circ}$
- 31) Most common bone to be broken
 - 1) Radial
 - 2) ulnar
 - 3) Scapula
 - 4) + Clavicle
- 32) All these Indication for operative in fractur except
 - 1) Nonunion.
 - 2) Neurovascular involvement
 - 3) + Stable Fracture
 - 4) Persistent wide separation of the fragments
- 33) All these Rehabilitation Goals post UL fractures except
 - 1) Restore full ROM
 - 2) Regain the strength of muscles.
 - 3) + Increase tissue adhesion
 - 4) Control edema.
- 34) Post UL fracture Weight bearing allowed from
 - 1) a.2 week
 - 2) b.4 week
 - 3) + c.6 week
 - 4) d.8 week
- 35) All these clinical Presentation for Plateau Tibial Fracture except
 - 1) Swelling
 - 2) + Ability to weight bear
 - 3) Bruising
 - 4) Reduced knee range of movement
- 36) Complications of Fractures of the Patella except
 - 1) Stiffness
 - 2) Non-union

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- 3) Malunion
- 4) + Swelling
- 37) Fibrosis of the capsule at frozen sholder is more marked in
 - 1) Stage 1
 - 2) + Stage 2
 - 3) Stage 3
 - 4) Stage 4
- 38) Shoulder Shrug Sign is
 - 1) + inability to lift the arm to 90° abduction
 - 2) inability to lift the arm to 90° flexion
 - 3) inability to lift the arm to 90° internal rotation
 - 4) inability to lift the arm to 90° external rotation
- 39) Clinical Presentation in Subacromial Impingement Syndrome Patients report pain on elevating the arm between
 - 1) a.20-30
 - 2) b.40-50
 - + c.60-70
 - 4) 80-d.90
- 40) Which not Risk Factors for shoulder OA
 - 1) + Male sex
 - 2) Obesity
 - 3) Prior trauma
 - 4) Rotator cuff tears