



قائمة الاسئلة

العلاج الطبيعي لأمراض الجهاز العضلي والهيكلية 1 - () - المستوى الرابع - قسم العلاج الطبيعي - كلية الطب والعلوم الصحية - الفترة الأولى - درجة

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- 1) In fractures of the patella Conservative management are used when the extensor mechanism is still intact
  - 1)  TRUE.
  - 2)  FALSE.
- 2) in children : usually green-stick. treatment open reduction
  - 1)  TRUE.
  - 2)  FALSE.
- 3) Tennis Elbow medically known as lateral epicondylitis
  - 1)  TRUE.
  - 2)  FALSE.
- 4) Cozen test The patient is asked to make a fist and extend their wrist while the examiner applies resistance
  - 1)  TRUE.
  - 2)  FALSE.
- 5) In Tennis Elbow do not use shock waves to stimulate healing in the affected tendon and muscle
  - 1)  TRUE.
  - 2)  FALSE.
- 6) Clinical features in golf elbow is Pain at lateral epicondyle
  - 1)  TRUE.
  - 2)  FALSE.
- 7)  Anterior Instability of the shoulder is most common
  - 1)  TRUE.
  - 2)  FALSE.
- 8) Frozen Shoulder more common in females
  - 1)  TRUE.
  - 2)  FALSE.
- 9) Frozen shoulder, also called adhesive capsulitis
  - 1)  TRUE.
  - 2)  FALSE.
- 10) In stage 1 of Frozen shoulder no pain
  - 1)  TRUE.
  - 2)  FALSE.
- 11) The Subacromial Space measures between 2 and 17 millimeters depending on the arm position
  - 1)  TRUE.
  - 2)  FALSE.
- 12) Use RICE therapy in the chronic phase to reduce pain and swelling
  - 1)  TRUE.
  - 2)  FALSE.
- 13) In shoulder osteoarthritis Lifestyle and occupational modifications should be discussed
  - 1)  TRUE.
  - 2)  FALSE.
- 14) Fixation Lower surgical risk than replacement of joint
  - 1)  TRUE.
  - 2)  FALSE.
- 15) In children over 10 % of fractures involve the physis
  - 1)  TRUE.
  - 2)  FALSE.





- 16) The Neer test is used to assess for shoulder impingement by reproducing pain during forward flexion of the arm while the shoulder is internally rotated.
- 1)  TRUE.
  - 2)  FALSE.
- 17) The Hawkins-Kennedy test involves elevating the arm to 90 degrees of flexion and internally rotating the shoulder to test for rotator cuff tendinitis or impingement.
- 1)  TRUE.
  - 2)  FALSE.
- 18) The Valgus stress test of the elbow assesses the integrity of the ulnar collateral ligament (UCL) by applying a lateral force to the elbow joint.
- 1)  TRUE.
  - 2)  FALSE.
- 19) The Mills test is used to diagnose medial epicondylitis (golfer's elbow) by palpating the medial epicondyle while the patient actively extends their wrist.
- 1)  TRUE.
  - 2)  FALSE.
- 20) The O'Brien test is performed to evaluate for acromioclavicular joint dysfunction, particularly labral tears in the shoulder.
- 1)  TRUE.
  - 2)  FALSE.
- 21) All these Risk factors for Ankle fracture except
- 1)  hypertension
  - 2)  smoking
  - 3)  diabetes
  - 4)  obesity
- 22) All these clinical Presentation for Ankle fracture except
- 1)  Pain
  - 2)  Swelling
  - 3)  Difficulties or inability to walk
  - 4)  Same in appearance
- 23) In Ankle fracture patients are typically advised not to put any weight on the ankle for about
- 1)  a.3 weeks
  - 2)  b.6 weeks
  - 3)  c.9 weeks
  - 4)  d.12 weeks
- 24) All are Rotator Cuff Muscles except
- 1)  Supraspinatus
  - 2)  Infraspinatus
  - 3)  Teres major
  - 4)  Supscapularis
- 25) Risk factors of tennis elbow except
- 1)  hypertension
  - 2)  Manual labour
  - 3)  Repetitive movements
  - 4)  Obesity
- 26) The most common shoulder dislocations
- 1)  Anterior
  - 2)  Posterior
  - 3)  Superior





- 4) - Inferior
- 27) In fracture of patella treatment doing long leg cast for ..... Weeks:
- 1) - A.2-3
  - 2) - B.3-5
  - 3) + C.4-6
  - 4) - D. 5-7
- 28) Mills test is test for :
- 1) - Golfers elbow
  - 2) - Pulled Elbow
  - 3) + Tennis elbow
  - 4) - Olecranon Bursitis
- 29) Indications for total hip arthroplasty except
- 1) + mild osteoarthritis
  - 2) - rheumatoid arthritis
  - 3) - avascular necrosis
  - 4) - traumatic arthritis
- 30) Postoperative total hip arthroplasty Patients are cautioned not to exceed ----- of flexion
- 1) - 60°
  - 2) - 70°
  - 3) - 80°
  - 4) + 90°
- 31) Most common bone to be broken
- 1) - Radial
  - 2) - ulnar
  - 3) - Scapula
  - 4) + Clavicle
- 32) All these Indication for operative in fractur except
- 1) - Nonunion.
  - 2) - Neurovascular involvement
  - 3) + Stable Fracture
  - 4) - Persistent wide separation of the fragments
- 33) All these Rehabilitation Goals post UL fractures except
- 1) - Restore full ROM
  - 2) - Regain the strength of muscles.
  - 3) + Increase tissue adhesion
  - 4) - Control edema.
- 34) Post UL fracture Weight bearing – allowed from
- 1) - a.2 week
  - 2) - b.4 week
  - 3) + c.6 week
  - 4) - d.8 week
- 35) All these clinical Presentation for Plateau Tibial Fracture except
- 1) - Swelling
  - 2) + Ability to weight bear
  - 3) - Bruising
  - 4) - Reduced knee range of movement
- 36) Complications of Fractures of the Patella except
- 1) - Stiffness
  - 2) - Non-union





- 3) - Malunion  
4)  Swelling
- 37) Fibrosis of the capsule at frozen sholder is more marked in
- 1) - Stage 1  
2)  Stage 2  
3) - Stage 3  
4) - Stage 4
- 38) Shoulder Shrug Sign is
- 1)  inability to lift the arm to 90° abduction  
2) - inability to lift the arm to 90° flexion  
3) - inability to lift the arm to 90° internal rotation  
4) - inability to lift the arm to 90° external rotation
- 39) Clinical Presentation in Subacromial Impingement Syndrome Patients report pain on elevating the arm between
- 1) - a.20-30  
2) - b.40-50  
3)  c.60-70  
4) - 80-d.90
- 40) Which not Risk Factors for shoulder OA
- 1)  Male sex  
2) - Obesity  
3) - Prior trauma  
4) - Rotator cuff tears

