



قائمة الاسئلة 2025-05-14 04:31

التقييم والقياسات-العلاج الطبيعي-الثاني-برامج العلوم الصحية-درجة الامتحان(70)

نبيل القدسي

- 1) Dorsiflexion occurs in
 - 1) ☒ sagittal plane
 - 2) ☐ frontal plane
 - 3) ☐ transverse plane
 - 4) ☐ all of the above
- 2) Wrist extension ROM is
 - 1) ☐ 15
 - 2) ☐ 35
 - 3) ☒ 70
 - 4) ☐ 100
- 3) plane divides the body vertically
 - 1) ☐ sagittal
 - 2) ☒ frontal
 - 3) ☐ transverse
 - 4) ☐ none of the above
- 4) in manual muscle test, when patient can move the limb with gravity eliminated but cannot move it against gravity the muscle power grade is
 - 1) ☐ 1
 - 2) ☒ 2
 - 3) ☐ 3
 - 4) ☐ 4
- 5) when asking the patient to perform shoulder flexion, the main mover is
 - 1) ☒ anterior deltoid
 - 2) ☐ pectoralis major
 - 3) ☐ teres minor
 - 4) ☐ latissimus dorsi
- 6) the following muscles are innervated by the median nerve except
 - 1) ☐ pronator teres
 - 2) ☐ pronator quadratus
 - 3) ☐ flexor pollicis longus
 - 4) ☒ adductor pollicis
- 7) to measure the strength of pectoralis major, ask the patient to perform
 - 1) ☐ shoulder adduction
 - 2) ☒ shoulder horizontal adduction
 - 3) ☐ shoulder horizontal abduction
 - 4) ☐ shoulder abduction
- 8) when the patient perform shoulder internal rotation, the prime mover is
 - 1) ☐ supraspinatus
 - 2) ☐ infraspinatus
 - 3) ☒ subscapularis
 - 4) ☐ all of the above
- 9) Rotator cuff include
 - 1) ☒ teres minor
 - 2) ☐ teres major
 - 3) ☐ deltoid



- 4) - all of the above
- 10) the abdominal internal oblique muscle rotates the trunk to
- 1) + the same side
 - 2) - the opposite side
 - 3) - the front
 - 4) - all of the above
- 11) the patient can flex the hip when side lying, but cannot flex the hip when sitting, what is true
- 1) + iliopsoas strength 2
 - 2) - iliopsoas strength 3
 - 3) - gluteus medius strength 2
 - 4) - gluteus medius strength 3
- 12) normal knee joint ROM is
- 1) - flexion 110 extension 0
 - 2) - flexion 130 extension 0
 - 3) + flexion 150 extension 0
 - 4) - flexion 170 extension 0
- 13) which muscle of body internal rotate the hip
- 1) - sartorius
 - 2) - iliopsoas
 - 3) + tensor fascia lata
 - 4) - gluteus medius
- 14) the patient can extend the hip in prone position, what is true
- 1) - gluteus maximus strength 2
 - 2) + gluteus maximus strength 3
 - 3) - gluteus medius strength 4
 - 4) - gluteus medius strength 5
- 15) when the patient stands on his toes, the muscle that was tested is
- 1) - tibialis anterior
 - 2) - tibialis posterior
 - 3) + gastrocnemius
 - 4) - biceps femoris
- 16) What plane divides the body for two half (anterior and posterior)
- 1) + Frontal
 - 2) - sagittal
 - 3) - transverse
 - 4) - horizontal
- 17) in manual muscle test flexion of the trunk test of
- 1) + rectus abdominis
 - 2) - rectus femoris
 - 3) - transverse abdominis
 - 4) - abdominal oblique muscles
- 18) muscle make elbow flexion from neutral position
- 1) - biceps brachii
 - 2) - brachialis
 - 3) + brachioradialis
 - 4) - triceps
- 19) which muscle make shoulder flexion and external rotation
- 1) - subscapularis
 - 2) + teres minor



- 3) - teres major
4) - pectoralis major
- 20) patient ask to do flex wrist and adduct, this test of
- 1) - flexor carpi radialis longus
2) - flexor carpi radialis brevis
3) - adductor longus
4) + flexor carpi ulnaris
- 21) patient during manual muscle testing of the muscles showed no contraction his grade is
- 1) + zero
2) - trace
3) - poor
4) - faire
- 22) shoulder abduction and adduction movement occur in
- 1) - sagittal plane
2) - scapular plane
3) + frontal plane
4) - thoracic plane
- 23) to test the muscle tibialis posterior ask the patient to perform
- 1) - ankle dorsiflexion
2) - ankle plantar flexion
3) + ankle inversion
4) - ankle eversion
- 24) when the patient flex the knee in prone position, the muscle tested is
- 1) - rectus femoris
2) + biceps femoris
3) - tibialis anterior
4) - vastus intermedius
- 25) About hip internal rotation ROM what is true
- 1) - Axis is centered over the patella surface
2) - stationary arm perpendicular to the floor
3) - moving arm aligned anterior to the tibia
4) + all of the above
- 26) movement occur in subtalar joint include
- 1) - dorsiflexion
2) - plantar flexion
3) + inversion
4) - all of the above
- 27) the following muscles are medial rotators of the arm
- 1) + pectoralis major, latissimus dorsi and subscapularis
2) - pectoralis minor , pectoralis major and teres major
3) - teres major, teres minor and pectoralis major
4) - serratus anterior, pectralis minor and teres major
- 28) the ulnar nerve supply all of the following muscles except
- 1) - adductor pollicis
2) + flexor pollicis longus
3) - interossei muscles
4) - hypothenar muscles
- 29) to measure the strength of brachialis, ask patient to perform
- 1) + elbow flexion with forearm supinated



- 2) - elbow flexion with forearm pronated
 - 3) - elbow extension with forearm supinated
 - 4) - elbow extension with forearm pronated
- 30) the following muscles are innervated by the radial nerve except:
- 1) ☒ flexor carpi radialis
 - 2) - extensor carpi radialis
 - 3) - extensor carpi ulnaris
 - 4) - triceps
- 31) to test the strength of sartorius muscle, ask the patient to perform
- 1) - hip flexion, abduction and internal rotation
 - 2) - hip flexion, adduction and internal rotation
 - 3) ☒ hip flexion, abduction and external rotation
 - 4) - hip flexion, adduction and external rotation
- 32) six minutes walk test is used to assess the patient
- 1) - strength
 - 2) ☒ endurance
 - 3) - flexibility
 - 4) - none of the above
- 33) normal shoulder joint ROM is
- 1) - flexion 125 extension 5
 - 2) - flexion 140 extension 10
 - 3) - flexion 150 extension 30
 - 4) ☒ flexion 180 extension 60
- 34) which statement is correct in grade fair
- 1) - no flicker contraction
 - 2) - full ROM with elimination of gravity
 - 3) ☒ full ROM against gravity
 - 4) - full ROM against resistance
- 35) the following muscles are innervated by the radial nerve except
- 1) ☒ flexor carpi radialis
 - 2) - extensor carpi radialis
 - 3) - extensor carpi ulnaris
 - 4) - triceps