



قائمة الاسئلة 2025-04-30 04:15

الكيمياء الحيوية الغذائية - التغذية العلاجية - ثاني - درجة هذا الاختبار (70)

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- 1) Citric acid cycle occurs in
  - 1) - Cytoplasm
  - 2) ☒ Mitochondria
  - 3) - Endoplasmic Reticulum
  - 4) - Golgi Bodies
- 2) Which of the following enzyme does not take part in the TCA cycle?
  - 1) - Citrate synthase
  - 2) - Iso-citrate dehydrogenase
  - 3) ☒ Pyruvate dehydrogenase
  - 4) - Malate dehydrogenase
- 3) How many ATPs are produced during citric acid cycle?
  - 1) - 10
  - 2) - 13
  - 3) ☒ 12
  - 4) - 8
- 4) How is glucose transported into intestinal epithelial cells?
  - 1) - Simple diffusion
  - 2) - Facilitated diffusion via GLUT2
  - 3) ☒ Active transport via SGLT1
  - 4) - Pinocytosis
- 5) Which metabolic pathway is the primary source of ATP generation from glucose?
  - 1) ☒ Glycolysis
  - 2) - Gluconeogenesis
  - 3) - Glycogenesis
  - 4) - Pentose phosphate pathway
- 6) precursor during fasting?
  - 1) - Fatty acids
  - 2) - Glycerol
  - 3) - Lactate
  - 4) ☒ Amino acids
- 7) What is the fate of pyruvate under anaerobic conditions in human cells?
  - 1) - Converted to acetyl-CoA
  - 2) ☒ Converted to lactate
  - 3) - Converted to ethanol
  - 4) - Converted to oxaloacetate
- 8) The hormones, glucagon and epinephrine, stimulate glycogen breakdown to G-6-P
  - 1) - Directly, by binding to glycogen phosphorylase.
  - 2) ☒ Indirectly, by first stimulating adenylate cyclase to make cAMP.
  - 3) - Only in the liver.
  - 4) - Only in muscle cells.
- 9) What body conditions favor gluconeogenesis over glycolysis?
  - 1) - High blood sugar
  - 2) ☒ Starvation
  - 3) - Increasing cellular levels of AMP
  - 4) - Low cellular levels of pyruvate



- 10) High concentration of glucose 6-phosphate is inhibitory to \_\_\_\_\_
- 1) ☒ Hexokinase
  - 2) ☐ Pyruvate kinase
  - 3) ☐ Glucokinase
  - 4) ☐ Phosphofructokinase-1
- 11) What is the role of glycogen phosphorylase in glycogen metabolism?
- 1) ☐ Synthesizes glycogen from glucose
  - 2) ☐ Cleaves alpha-1,6-glycosidic bonds
  - 3) ☒ Cleaves alpha-1,4-glycosidic bonds
  - 4) ☐ Converts glucose-1-phosphate to glucose-6-phosphate
- 12) Why does the glycolytic pathway continue in the direction of glucose catabolism?
- 1) ☒ There are three irreversible reactions that act as the driving force for the pathway
  - 2) ☐ High levels of ATP keep the pathway going in a forward direction
  - 3) ☐ The enzymes of glycolysis only function in one direction
  - 4) ☐ Glycolysis occurs in either direction
- 13) Glucose enters the cells by
- 1) ☐ A) insulin independent transport
  - 2) ☐ B) insulin dependent transport
  - 3) ☐ C) enzyme mediated transport
  - 4) ☒ D) Both (A) and (B)
- 14) What is the primary function of the pentose phosphate pathway?
- 1) ☐ ATP production
  - 2) ☒ Production of ribose-5-phosphate and NADPH
  - 3) ☐ Glucose storage as glycogen
  - 4) ☐ Lactate production
- 15) The major energy source for brain during Starvation
- 1) ☐ Carbohydrate
  - 2) ☐ Protein
  - 3) ☐ Cholesterol
  - 4) ☒ Ketone Bodies
- 16) What is the process when triglycerides are broken down into glycerol and free fatty acids?
- 1) ☐ Lipogenesis
  - 2) ☒ Lipolysis
  - 3) ☐ Beta-oxidation
  - 4) ☐ Glycolysis
- 17) Net energy generation on complete oxidation of linoleic acid (18:0) is
- 1) ☐ 148 ATP equivalents
  - 2) ☐ 146 ATP equivalents
  - 3) ☐ 144 ATP equivalents
  - 4) ☒ 142 ATP equivalents
- 18) Synthesis of fatty acid takes place when
- 1) ☐ fatty acid are plentiful
  - 2) ☐ carbohydrate is plentiful
  - 3) ☒ carbohydrate and energy are plentiful
  - 4) ☐ none of these
- 19) Cholesterolemia means
- 1) ☒ lack of functional LDL receptors
  - 2) ☐ lack of functional HDL receptor
  - 3) ☐ high sensitivity to fatty food intake



- 4) - none of the above
- 20) Which of the following is NOT a ketone body?
- 1) - Acetoacetate
  - 2) - Beta-hydroxybutyrate
  - 3) - Acetone
  - 4) ☒ Oxaloacetate
- 21) Fatty acids Beta oxidation occurs in
- 1) ☒ mitochondrial matrix
  - 2) - cell membrane
  - 3) - cytosol
  - 4) - endoplasmic reticulum
- 22) Which enzyme is responsible for catalyzing the hydrolysis of triglycerides in adipose tissue?
- 1) ☒ Hormone-sensitive lipase
  - 2) - Lipoprotein lipase
  - 3) - Acetyl-CoA carboxylase
  - 4) - Phospholipase A2
- 23) Which of the following is the primary storage form of lipids in the human body?
- 1) - Phospholipids
  - 2) - Cholesterol
  - 3) ☒ Triglycerides
  - 4) - Free fatty acids
- 24) Which of the following tissues primarily uses ketone bodies for energy during prolonged fasting?
- 1) - Liver
  - 2) ☒ Brain
  - 3) - Adipose tissue
  - 4) - Red blood cells
- 25) What is the role of carnitine in lipid metabolism?
- 1) - Activation of fatty acids for beta-oxidation
  - 2) ☒ Transport of fatty acids into the mitochondria
  - 3) - Synthesis of triglycerides
  - 4) - Conversion of fatty acids to glucose
- 26) Which enzyme is responsible for breaking down triglycerides in the small intestine?
- 1) ☒ Lipase
  - 2) - Amylase
  - 3) - Pepsin
  - 4) - Trypsin
- 27) What is the main function of high-density lipoprotein (HDL) in lipid metabolism?
- 1) - Transport triglycerides from the liver
  - 2) - Deliver cholesterol to peripheral tissues
  - 3) ☒ Reverse cholesterol transport to the liver
  - 4) - Promote cholesterol esterification in the plasma
- 28) Which organ is primarily responsible for ketogenesis?
- 1) - Brain
  - 2) ☒ Liver
  - 3) - Muscle
  - 4) - Kidney
- 29) Which of the following conditions favors beta-oxidation over fatty acid synthesis?
- 1) - High insulin levels
  - 2) ☒ High glucagon levels



- 3) - High levels of malonyl-CoA  
4) - Low levels of fatty acids
- 30) Which of the following is the primary site of amino acid metabolism in the human body?
- 1) - Brain  
2) ☒ Liver  
3) - Kidney  
4) - Muscle
- 31) The process of removing an amino group from an amino acid is called:
- 1) - Transamination  
2) ☒ Deamination  
3) - Decarboxylation  
4) - Peptide bond formation
- 32) Which enzyme catalyzes the transamination reaction in amino acid metabolism?
- 1) ☒ Alanine aminotransferase (ALT)  
2) - Amylase  
3) - Lipase  
4) - Pepsin
- 33) What is the main nitrogenous waste product excreted in urine after protein metabolism?
- 1) - Ammonia  
2) - Uric acid  
3) ☒ Urea  
4) - Creatine
- 34) The urea cycle primarily occurs in which organ?
- 1) ☒ Liver  
2) - Kidney  
3) - Muscle  
4) - Pancreas
- 35) Which of the following amino acids is exclusively ketogenic?
- 1) ☒ Leucine  
2) - Alanine  
3) - Glutamate  
4) - Aspartate
- 36) The carbon skeletons of amino acids can be converted into which metabolic intermediates?
- 1) - Glucose  
2) - Fatty acids  
3) - Ketone bodies  
4) ☒ All of the above
- 37) Which vitamin is essential for transamination reactions?
- 1) - Vitamin B1 (Thiamine)  
2) ☒ Vitamin B6 (Pyridoxal phosphate)  
3) - Vitamin B12 (Cobalamin)  
4) - Vitamin C (Ascorbic acid)
- 38) Which of the following enzymes is responsible for the conversion of ammonia into urea in the urea cycle?
- 1) ☒ Carbamoyl phosphate synthetase I (CPS I)  
2) - Hexokinase  
3) - Pyruvate dehydrogenase  
4) - Lactate dehydrogenase
- 39) Which of the following conditions is associated with a defect in the urea cycle?
- 1) - Phenylketonuria (PKU)



- 2) - Alkaptonuria  
3) + Ornithine transcarbamylase deficiency  
4) - Maple syrup urine disease
- 40) In protein metabolism, gluconeogenesis refers to:  
1) - The breakdown of proteins into amino acids  
2) + The conversion of amino acids into glucose  
3) - The synthesis of urea from ammonia  
4) - The conversion of ammonia into uric acid
- 41) Which metabolic pathway converts excess amino acids into energy or storage molecules?  
1) - Glycolysis  
2) - Urea cycle  
3) + Amino acid catabolism  
4) - Electron transport chain
- 42) Which amino acid is the primary carrier of nitrogen in the bloodstream?  
1) + Glutamine  
2) - Valine  
3) - Methionine  
4) - Tyrosine
- 43) A deficiency in which enzyme leads to phenylketonuria (PKU)?  
1) - Tyrosinase  
2) + Phenylalanine hydroxylase  
3) - Ornithine transcarbamylase  
4) - Glutamate dehydrogenase
- 44) The end products of protein metabolism include:  
1) - Carbon dioxide and water  
2) + Urea and ammonia  
3) - Glycogen and ATP  
4) - Fatty acids and ketone bodies
- 45) In beta-oxidation, fatty acids are broken down into which molecule that enters the citric acid cycle ?  
1) + Acetyl-CoA  
2) - Pyruvate  
3) - Oxaloacetate  
4) - Glycerol
- 46) What is the fate of pyruvate under anaerobic conditions in human cells?  
1) - Converted to acetyl-CoA  
2) + Converted to lactate  
3) - Converted to ethanol  
4) - Converted to oxaloacetate
- 47) Which hormone promotes glycogenolysis in the liver?  
1) - Insulin  
2) + Glucagon  
3) - Somatostatin  
4) - Growth hormone
- 48) The conversion of acetyl CoA to malonyl CoA is the rate limiting step in fatty acid synthesis. Which of the following enzyme catalyzes the above-mentioned reaction?  
1) + Acetyl CoA carboxylase  
2) - Malonyl CoA synthetase  
3) - Acetyl CoA decarboxylase  
4) - Malonyl CoA synthase



- 49) Which one of the following enzymes is involved in the mobilization of fatty acids from triacylglycerol stores in adipose tissue?
- 1) ☒ Hormone sensitive lipase
  - 2) ☐ Lipoprotein lipase
  - 3) ☐ Pancreatic lipase
  - 4) ☐ Phospholipase A2
- 50) In beta-oxidation, fatty acids are broken down into which molecule that enters the citric acid cycle?
- 1) ☒ Acetyl-CoA
  - 2) ☐ Pyruvate
  - 3) ☐ Oxaloacetate
  - 4) ☐ Glycerol