



قائمة الاسئلة 2025-05-25 08:32

مقدمه في العلاج الطبيعي-الأول-علاج طبيعى-كلية الطب والعلوم الصحية-درجة الامتحان(70)

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- 1) Which is a question for past history ?
 - 1) - Do you have any children
 - 2) - Who do you live with
 - 3) + .Have you ever had major surgery
 - 4) - Do you work
- 2) All these are objective assessment except
 - 1) + Family histroy
 - 2) - Observations
 - 3) - Examination
 - 4) - Palpation
- 3) All these are Observations assessment except
 - 1) + Muscle strength
 - 2) - Skin color
 - 3) - POSTURE
 - 4) - GAIT
- 4) Which is the best Diagnostic Imaging for soft tissue
 - 1) - X-ray
 - 2) + MRI
 - 3) - CT- scan
 - 4) - Discography
- 5) All these are Fundamental Positions except
 - 1) + Prone Lying
 - 2) - Standing
 - 3) - sitting
 - 4) - Kneeling
- 6) is defined as movement using body weight or external resistance
 - 1) - Passive ROM
 - 2) + Active Resistance ROM
 - 3) - Active ROM
 - 4) - Active-assistive ROM
- 7) All these are Role of Exercise in Injury Rehabilitation except
 - 1) + Increase swelling
 - 2) - Improve quality of repair
 - 3) - Maintain fitness
 - 4) - Improve quality of life
- 8) Which is Physiological Effects of Heat
 - 1) - Decrease collagen extensibility
 - 2) - Increase Pain
 - 3) - Increase Muscle spasm
 - 4) + Assistance healing process
- 9) Generation of heat from another object (sound, electricity or chemical agents)
 - 1) - Radiation
 - 2) + Conversion
 - 3) - Convection
 - 4) - Conduction





- 10) All these are Physiological Effects of Cold except
- 1) ☒ Increase muscle spasm
 - 2) ☐ Vasoconstriction
 - 3) ☐ Decreased metabolic rate
 - 4) ☐ Decreases free nerve ending and peripheral nerve excitability
- 11) All these are Indications for Shockwave Therapy except
- 1) ☐ Patellar tendinopathy
 - 2) ☐ .Adhesive capsulitis
 - 3) ☒ Cancer
 - 4) ☐ Osteoarthritis of the knee
- 12) It is used in the treatment of spinal deformities
- 1) ☐ Sitting position
 - 2) ☐ Kneeling position
 - 3) ☐ Standing position
 - 4) ☒ Lying position
- 13) All these Electromagnetic except
- 1) ☐ Thermotherapy
 - 2) ☐ Electrical stimulating currents
 - 3) ☒ Ultrasound
 - 4) ☐ lasers
- 14) All these sport physiotherapy aims except
- 1) ☐ Restore flexibility
 - 2) ☐ Regain full function
 - 3) ☒ Increase swelling
 - 4) ☐ Prevent reoccurrence
- 15) We Use the Scanning Examination in these situations except
- 1) ☐ There are radicular signs
 - 2) ☐ There is altered sensation in the limb
 - 3) ☐ There are spinal cord ("long track") signs
 - 4) ☒ There is history of trauma
- 16) The base of support is very small and centre of gravity is high
- 1) ☐ Kneeling position
 - 2) ☒ Standing position
 - 3) ☐ Sitting position
 - 4) ☐ Lying position
- 17) What is the main goal of rehabilitation?
- 1) ☐ To completely cure the disability
 - 2) ☒ To restore the patient's ability to function independently
 - 3) ☐ To provide only physical therapy
 - 4) ☐ To focus only on psychological well-being
- 18) The key member of the rehabilitation team is:
- 1) ☐ Physiatrist
 - 2) ☐ Family
 - 3) ☒ Patient
 - 4) ☐ Both Physiatrist and Patient
- 19) Which member of the rehabilitation team provides emotional support and economic resources?
- 1) ☐ Family
 - 2) ☐ Occupational therapist
 - 3) ☒ Social worker



- 4) - None of the above
- 20) According to the WHO, rehabilitation aims to enable individuals to reach and maintain their optimal levels of:
- 1) ☒ Physical, sensory, intellectual, and social functions
 - 2) - Only physical function
 - 3) - Only psychological function
 - 4) - Only social function
- 21) Rehabilitation differs from patient to patient based on the nature of illness and goals needed to be achieved.
- 1) ☒ .TRUE
 - 2) - .FALSE
- 22) Diabetes Mellitus is decreased blood sugar due to reduction of insulin production or sensitivity
- 1) - .TRUE
 - 2) ☒ .FALSE
- 23) Health can be defined as a just absence of disease or infirmity
- 1) - .TRUE
 - 2) ☒ .FALSE
- 24) The perfect balance is achieved from Standing position
- 1) ☒ .TRUE
 - 2) - .FALSE
- 25) Geriatrics is the branch of internal medicine that focuses on health care of the elderly
- 1) ☒ .TRUE
 - 2) - .FALSE
- 26) Indirect Injury occurs at the site of the force
- 1) - .TRUE
 - 2) ☒ .FALSE
- 27) Hard tissue include Fatty tissue
- 1) - .TRUE
 - 2) ☒ .FALSE
- 28) Orthopedic physical therapy includes treatment of the musculoskeletal system
- 1) ☒ .TRUE
 - 2) - .FALSE
- 29) Purpose of assessment to understand the patient's problem from the patient's and clinician's perspectives
- 1) ☒ .TRUE
 - 2) - .FALSE
- 30) We can uses of plain film radiography in soft tissue tumors
- 1) - .TRUE
 - 2) ☒ .FALSE
- 31) We use the scanning examination if there is history of trauma
- 1) - .TRUE
 - 2) ☒ .FALSE
- 32) Indication of Electrical Stimulating Currents is muscle re-education
- 1) ☒ .TRUE
 - 2) - .FALSE
- 33) ultrasound utilises low frequency sound waves
- 1) - .TRUE
 - 2) ☒ .FALSE
- 34) Cryotherapy Used in first aid treatment of trauma to the musculoskeletal system
- 1) ☒ .TRUE
 - 2) - .FALSE
- 35) Radiation is transfer of heat through movement of fluids or gases



- 1) - .TRUE
- 2) + .FALSE